




Subject Overview: PSHE

<p>As a KS1 pupil with personal, social and health awareness I can...</p> <ul style="list-style-type: none"> ✓ Talk about being a good friend ✓ Get help from an adult if I am sad, worried or need emotional support. ✓ Talk about healthy foods ✓ Say who can give me medicines ✓ Name parts of my body 	<p>As a LKS2 pupil with personal, social and health awareness I can...</p> <ul style="list-style-type: none"> ✓ Identify how to be a good friend ✓ Suggest how to resolve a conflict ✓ Name my emotions and ask for help ✓ Talk about a balanced diet and exercise ✓ Recognise the difference between medicines and some drugs ✓ Name the parts of my body and how it will change as I grow 	<p>As a UKS2 person with personal, social and health awareness I can...</p> <ul style="list-style-type: none"> ✓ Start to resolve conflicts myself ✓ Consider the online world in relation to safety and friendships ✓ Talk about healthy living including diet, exercise and drugs/ alcohol ✓ Suggest ways to maintain good mental health ✓ Talk about puberty and how a baby grows.
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<p>What makes this subject special here?</p>		<ul style="list-style-type: none"> • Weekly, dedicated PSHE lessons delivered through the spiral Jigsaw Curriculum, ensuring consistent progression and age-appropriate learning. • Strong engagement with national awareness events, including Anti-Bullying Week and Children’s Mental Health Week, reinforcing key messages across the whole school. • In Year 6, children visit the Life Skills centre in Bristol, supporting pupils to develop confidence, independence, and practical strategies for managing real-world situations. They also receive a secondary-ready session from the North Somerset Mental Health Nursing Team in term 6. • Enrichment through visits from local Blue-Light Services, providing meaningful, real-life context and temporarily suspending the usual curriculum to deepen learning. • A two-week suspended curriculum takes place every September, prioritising relationship-building within each class. This culminates in a showcase event for families, celebrating pupils’ learning and strengthening home–school partnerships. • Passionate and knowledgeable subject leads modelling best practice and support colleagues across the school. • Ongoing CPD is embedded within staff meetings, ensuring all staff develop confidence, consistency, and shared understanding of the PSHE curriculum.
<p>Accessibility for All <i>pedagogy scaffolding, resources, enrichment, challenge, equity of access</i></p>		<ul style="list-style-type: none"> • Quality First Teaching. • Differentiation of tasks or additional support as needed. • Sensitivities to challenging topics for groups or individual children. • Much discussion supports inclusion/ modelling of ideas. Adaptations and revisiting key concepts through the spiral curriculum help build knowledge and skills.
<p>Assessment</p>		<ul style="list-style-type: none"> • Much of this subject is discussion based with children receiving immediate feedback from peers and teaching staff. • Books are reviewed annually by the PSHE team. Classes are asked to produce 2 pieces of work in their books for each of the 6 topics. • At the end of the year, groups of children from Y2, 4 and 6 are invited for a discussion on a series of scenarios or questions based on key learning in the subject. They are questioned on: <i>friendships and what to do if the fall out, how to keep healthy and about body changes and healthy relationships</i>. Across the school and year groups, the PSHE leads will expect to see a more detailed, more mature and more independent response to these similar questions and scenarios. (adapted for age suitability).