



## PE

### Our TRUST Curriculum Principles

A Kaleidoscope Schools curriculum has been designed to enable children to develop wide knowledge/ skills and become well rounded and confident individuals who are curious and want to learn. Schools design and develop their own curriculums but encapsulate the following which are linked to the Kaleidoscope 5C's.





## **Intent**

The intent of the Primary PE curriculum is to foster a lifelong love of physical activity, sport, and healthy living among our children. By providing a diverse range of physical activities and sports, the curriculum aims to develop students' physical competence, confidence, and knowledge. It encourages students to lead active and healthy lifestyles, understand the importance of physical fitness, and develop teamwork, leadership, and communication skills. The curriculum is designed to be inclusive, engaging, and enjoyable, ensuring that all students, regardless of their abilities, can participate and benefit from physical education. Through this approach, the Primary PE curriculum seeks to instill positive attitudes towards physical activity and well-being, preparing our children for a healthy and active future.

## **Implementation**

The implementation of our Primary PE curriculum involves a structured and progressive approach to physical education, ensuring that our children build on their skills and knowledge year by year. Teachers deliver high-quality PE lessons that are inclusive, engaging, and tailored to meet the diverse needs of all pupils. The curriculum includes a variety of physical activities and sports, allowing children to explore different forms of movement and develop their physical competence. Regular assessments and feedback help track their progress and inform future teaching. Additionally, we may collaborate with external sports coaches and organizations to enhance the PE experience and provide our pupils with opportunities to participate in competitions and events. Through this comprehensive approach, the implementation of the Primary PE curriculum aims to create a positive and supportive environment where all children can thrive and develop a lifelong love for physical activity.

## **Impact**

Assessment sheets



## PE National Curriculum Milestones (Trust Milestones)

Key Theme	Reception	KS1 (Y1–Y2)	KS2 (Y3–Y4)	KS2 (Y5–Y6)
<b>Physical Competence (Skills)</b>	Develop basic movement skills such as running, jumping, throwing, and catching.	<p>Build on basic movement skills (running, jumping, throwing, catching, balance, agility and co-ordination) and start to apply them in different activities.</p> <p>Understand basic tactics and skills (attacking and defending) when participating in team games.</p> <p>Perform dance through simple movement patterns.</p>	<p>Refine and develop a broader range of skills and apply them in different contexts and in different sports. (See below)</p> <p>Develop flexibility, strength, techniques and control, (Through athletics and Gymnastics).</p> <p>Perform dance using a range of movement patterns.</p>	<p>Master a range of skills and use them in different situations, including competitive sports. (Cricket, Football, Basketball, Rounders, Netball, Hockey, Rugby)</p> <p>Children will have opportunities to take part in competitive sports events within the MAT and Local area.</p> <p>Master flexibility, strength, techniques and control, (Through athletics and Gymnastics).</p> <p>Perform dance using a range of more complex movement patterns.</p> <p>To be able to swim 25m.</p> <p>Our schools support and promote local sporting organisations and teams.</p>
<b>Confidence</b>	Encourage participation and enjoyment in physical activities.	Foster confidence in trying new activities and developing skills.	Build self-assurance in applying skills in various activities and sports.	Develop leadership and teamwork skills, and confidence in competitive situations.



<b>Knowledge</b>	Understand the importance of physical activity and healthy living.	Learn about the benefits of regular physical activity and healthy habits.	Gain knowledge of different sports and physical activities, and their rules. (Cricket, Football, Basketball, Rounders, Netball, Hockey, Rugby, Tennis, Badminton)	Deepen understanding of the impact of physical activity on health and well-being.  Understand how to compare performances with previous ones and demonstrate improvements. Be able to comment critically on how their peers can improve.
<b>Teamwork and Communication</b>	Participate in group activities and learn to follow simple instructions	Develop basic teamwork and communication skills through group activities (co-operation, fairness, following rules, turn taking).	Further develop teamwork and communication skills in more complex activities and sports.	Demonstrate effective teamwork, leadership, and communication in various sports and activities, including outdoor adventurous activities (orienteering, climbing, abseiling, Forest schools)

All Kaleidoscope schools will take part in the North Somerset Dance Festival.

Although pupils must learn to swim 25m by the end of KS2, Kaleidoscope is committed to offering additional support to make this possible. Schools may organize when pupils have swimming lessons based on their own context.